

Forty Weeks ~ Sacred Story



Week Ten

Encouragements & Wisdom

E & W reflections are additional helps for your Sacred Story prayer journey. Reflect on them ahead of your prayer exercises for the week or outside of your fifteen-minute prayer windows during the week.

The Grace of Making a Holistic Confession

My wisdom and encouragement this week is that you overcome resistances and fears and make a commitment to attend a special experience of sacramental Reconciliation. Whether you have or have not been faithful to all the weeks' prayer exercises, this is one prayer exercise you can engage, no matter how well or poorly you feel prepared.

Next week, I will give you a very simple exercise of writing a letter to Jesus about your life. It is this letter that you will read in a setting of one-on-one confession. It is a very different experience. You will enjoy it. Everyone who does this part of Sacred Story is so grateful they took the risk to do this. You will be grateful as well.

This is my encouragement and my wisdom. Trust it!

