

SACRED STORY



August 25, 2013

Twenty-First Sunday in Ordinary Time Encouragement & Wisdom

*E & W reflections are additional helps for your Sacred Story prayer journey.
Reflect on them at week's beginning or outside of your 15-minute prayer periods.*

Silence

These past weeks we have been seeking to better understand the value of silence in our lives and look at ways to make its blessings more readily available to us. We have proposed a number of ways to minimize technology's encroachment into our spiritual lives. These have included not bringing a phone to Mass with you on Sunday; making Sunday a day of rest from technology or to greatly minimize your involvement with it on Sundays; and finally, to turn off the electronics of phone and computer at 8 or 9 PM on weekdays.

I would invite you this week to "listen" to the advice we have offered. Make a determination which of these ideas you will try to incorporate into a new spiritual lifestyle. The goal is not to be perfect in what you execute, but to understand the value of opening more fully to the silence and quiet of the spiritual world. To be more open to the spiritual world will require a reduction of the electronic static that has become omnipresent in our lives, dwarfing God's blessed silence.

Make a choice! Pray that you can find new ways to make the blessing of silence and quiet more available to your spirit that is starved for the nourishment of God's voice

and peace. Pray to find those islands of silence and quiet so that your life can produce fruit that endures to eternity.

Lord Jesus, help me to find more of the blessings of silence and quiet in my days so
that I can find you in
Creation, Presence, Memory, Mercy and Eternity.



*Praise the LORD all you nations;
glorify him, all you peoples!
For steadfast is his kindness toward us,
and the fidelity of the LORD endures forever.
Go out to all the world and tell the Good News.*

(Psalm 117: 1, 2)

