

Living Life as Sacred Story 2014: FORTY WEEKS

Weeks 3 Advice and Suggestions

Week 3 focuses us on Part 2 of Ignatius' Story. This is the moment of his initial enlightenment, where we see Ignatius' conversion start. He must go through struggles with re-confessing his sins, and discover like all of us, the slow lifelong process of spiritual awakening.

A major theme of this week is *commitment*. The challenge is to understand the proper role of our will in the face of our own weakness – like Ignatius, we must come to realize that we have both responsibility for our actions (repenting of sins and committing to virtue for life) *and* that we are totally dependent on God to save us. Note the tension and paradox in our opening for the week, between action and surrender: “I will awaken to the present moment...I will take each day and each exercise as it comes...I cannot do Sacred Story better by going faster.”

This theme of *commitment* is emphasized in our [Encouragements and Wisdom for Week 3](#), in which participants shared “Advice you would offer to ‘Someone Just Like You’ at this point in the Sacred Story Yearlong Journey.” We suggest this because St. Ignatius said once to consider the advice you would offer someone else on a specific topic and then...“take your own advice!”