

Living Life as Sacred Story 2014: FORTY WEEKS

Weeks 15: Advice and Suggestions

Week 15 gives us another attentiveness exercise. This week we attend to which face of narcissism (or pride) we are most inclined to “act out” in our thoughts, words and deeds. Narcissism “ain’t pretty”, so we should not even try to put a nice “spin” on it. We may find it difficult at first to discern which of the two faces best describes us. Neither is better than the other - both are equally negative because narcissism (or pride) is the most destructive of the vices to which we are victim.

However, we might legitimately find ourselves wanting to say “both/and,” when we contemplate narcissism’s two main “faces.” We remember that this exercise is not about analyzing micro-details, but looking at the overall *trend* of our story/personality. This may be helpful to ponder: When everything is going wrong in our life, which of the two main faces of narcissism do we trend towards?

The [Week 15 E&W](#) presents us with several brief reflections on the different types of challenges that we may begin to notice in our journey. One (or more) of the reflections will likely strike a chord in our experience, so we want to take a few extra minutes to let the Lord speak with us about that topic. The Lord desires our good and our healing – let us renew our commitment to the journey together and always, always, always ask God for help!