

## *Living Life as Sacred Story 2014: FORTY WEEKS*

### Weeks 17: Advice and Suggestions

After our overview last week, in **Week 17** we begin to learn the practice of *Sacred Story Prayer*, beginning with only one word:

#### **CREATION**

Each day, we will engage each of the six parts of the daily practice of Sacred Story. It will take a bit of time to remember each of them, but we have a good foundation, since we are already accustomed to the 15-minute prayer experience!

The meditation text for CREATION will help us remain focused. We are invited to surrender our worries about doing everything perfectly. The more we engage the exercises and the rhythm of the disciplines, the more the Holy Spirit will reveal, helping us overcome our difficulties.

The [Week 17 E&W](#) is absolutely vital – even if we often skim through the E&W, we need to set aside a few extra minutes for this one! It will give us the energy and hope to re-focus our hearts on this journey. The Lord is with us – we need never be afraid!