

## *Living Life as Sacred Story 2014: FORTY WEEKS*

### Weeks 18: Advice and Suggestions

**Week 18** gives us the second word of *Sacred Story Prayer*:

#### PRESENCE

In our 15 minute prayer periods this week, we are only focusing on PRESENCE, using the meditation text provided. This theme invites us into an awareness of the present moment, so we can begin to discover how God is present to us *now* – not in the past or the future, but right now. It also invites us to consider the places in our lives at this moment where we need and desire God's presence! God is present to us and we are present to God, in this very moment. This is the goal of St. Paul's admonition to "pray always."

We seek to open ourselves to God's presence in this present moment. If we become anxious about "what to do during the 15 minute prayer times," we simply return to the meditation text and ask God directly: "how does this theme relate to my life?" Many of the ideas and elements from our Whole-Life Confession may come up – this is good and productive for our spiritual growth. *Sacred Story Prayer* helps us cooperate with the healing work of the Spirit. The catalyst for our openness to the Spirit's work this week is PRESENCE.

The [Week 18 E&W](#) gives us new resolve to establish a monthly habit of Reconciliation – the Lord will truly free us in dramatic ways if we are open. Yet it is always our choice – let us choose life that we may live! (*Dt. 30:19*)