

Living Life as Sacred Story 2014: FORTY WEEKS

Weeks 19: Advice and Suggestions

Week 19 brings us a new challenge – combining two words of *Sacred Story Prayer*:

CREATION

PRESENCE

Remember: *I cannot do Sacred Story better by going faster!* We are taking our time to learn the meaning of each word. Then we slowly combine these movements of the prayer. When we enter our 15-minute prayer sessions, we are invited to reflect on the Prelude and Illuminative Grace for each word. We do not need to worry about what percentage of our prayer time is spent on each word; we are simply letting the Lord speak to us, and we to Him, through these themes. It may happen that 75% of our prayer time this week is spent on the Prelude text for CREATION, because that is most relevant based on the graces of this particular day. It could also be that as the week goes on, we begin to feel the Spirit drawing our attention to the Illuminative Grace for PRESENCE. We are learning to be flexible with the themes, allowing the Spirit to draw us toward the theme that relates in a special way to our area of need—to our Sacred Story.

The [Week 19 E&W](#) answers some common questions about the monthly habit of Reconciliation. We can easily be overcome by anxieties over the unknown, but we recall the Affirmations from the beginning of our journey:

Be Not Afraid: Fear comes from the enemy of my human nature.

Indeed, it is Christ who meets us in the sacrament of Reconciliation – he comes to free us from all our fears! (*Ps. 34:4*)