Weeks 27: Advice and Suggestions

Week 27 concludes Part 2 of our three-part journey in *Forty Weeks*.

We are now familiar with each of the themes, and we have started to see how the Lord speaks through these dimensions of our daily lives:

**CREATION – PRESENCE – MEMORY – MERCY – ETERNITY**

This is a transitional moment for us in our pilgrimage and perhaps a good week to make sure we have a basic grasp of the value of the other daily prayer aids besides the fifteen-minute core discipline. We will spend some extra time this week looking at how we are using (or not using) the “during the day” Sacred Story disciplines. Even if we feel quite comfortable with each piece, it is of supreme worth to revisit the Week 16 descriptions. As they say, “repetition is the parent of learning.” We will see (perhaps for the first time!) how each of the prayer words relates to these other disciplines. If we intentionally invite the Spirit to enlighten our heart and mind, we will be honoring the Son of God who told us to “knock, the door will be opened” (Mt 7:7-8). In this we allow the Divine Physician to advance our healing, peace of mind and service to the Kingdom.

Our [Week 27 E&W](#) gives us “Six Practical Tips.” We are reminded that others have taken this journey before us, and their experience can help us here too! We may be surprised by how the advice confirms our intuitions and also challenges us, or answers a question we may not have even been fully aware of. We can always go deeper! Let us remember the Affirmations: *The insights and graces I need to move forward in life’s journey unfold at the right time!*