

Living Life as Sacred Story 2014: FORTY WEEKS

Weeks 28: Advice and Suggestions

Week 28 begins Part 3 of our three-part journey in *Forty Weeks*:

Entering The School of Discernment

We note immediately that Part 3 changes our routine. We continue our regular 15-minute times of *Sacred Story Prayer*, while attending to the new discernment lessons. We attend to these new lessons at our leisure outside of our prayer times.

For this week, we have two readings. We first want to read through the introduction to Part 3, titled **The Spiritual World**. This reflection will help us set our hearts and frame our expectations for our immersion into the world of spiritual discernment.

We also have the reading for Week 28: *Awakening to Sacred Story Discernment Guidelines*. We want to make sure we take the time to internalize these lessons by pondering them thoughtfully. We will gradually begin to understand and apply the wisdom of spiritual discernment to the interior movements we notice in our days and during our times of prayer. They were always operative. We are just now learning to “see and feel” them in real time!

Because we have two reading assignments, there is no E&W for this week. We are learning a new routine, and stretching ourselves to continue growing spiritually rather than resting on our laurels. Let us embrace the challenge with Christ by our side, knowing that it is the Lord who makes us strong: *Only God's grace and mercy can write my Sacred Story!*