

Living Life as Sacred Story 2014: FORTY WEEKS

Weeks 30: Advice and Suggestions

Week 30 brings our third lesson in discernment, considering the way we experience *inspirations* and their sources.

We want to be very careful with these lessons. We will go slowly and avoid rushing into applying these insights immediately. We will be well-served by reading the lesson unhurriedly and outside of our prayer times. In praying the five parts of *Sacred Story Prayer*, the Holy Spirit will gradually reveal the connections and practical implications of these discernment lessons at the appropriate moments. We must absorb the lessons and TRUST the Holy Spirit to work! Our polarized and “outraged” culture encourages us to react immediately to every bit of information. Far better to go slow and let the implications of discernment’s school be revealed naturally in our Sacred Story.

Our [Week 30 E&W](#) brings us a calming exercise – simply sharing the joys of our fellow pilgrims who have gone through this journey ahead of us. Their words of gratitude prompt us to consider where the Lord is at work in our lives, and where He desires to bring even more growth “through the gift of the Holy Spirit” (Vatican II - *Gaudium et Spes*).