

## *Living Life as Sacred Story 2014: FORTY WEEKS*

### Weeks 32: Advice and Suggestions

**Week 32** builds on last week's framework of *consolation* and *desolation* by introducing the links to **Divine inspiration** and **counter-inspiration**.

This fifth lesson in discernment will help us better understand how our human nature is affected by Original Sin. The Holy Spirit wants to grant insights that will bring us hope and healing. Yet, we must do our spiritual work to co-operate with the Spirit!

We need to continue to move gently through these readings with attentiveness and not anxiety. As we walk toward the end of this 40 week journey, we will need to understand these discernment lessons so that our future lives—our Sacred Story—can be shaped by the Holy Spirit and not by the enemy of our human nature.

The Spirit can awaken us to Christ in our hearts who is the Way, the Truth and the Light. But we must daily attend to our spiritual work, by trusting in Christ Jesus and continuing our disciplines of Sacred Story prayer and monthly confession.

The consolation of the Divine-inspirer can vanquish the desolation of the counter-inspirer if we daily do *our* part to be open.

Our [Week 32 E&W](#) invites us to consider reflections from fellow pilgrims on the topics of "Finding Balance in Life," "Concern for Others," and "Spiritual Growth." These comments remind us that the Lord is active in the world, even despite the darkness of personal or world events. We hope in the Lord, remembering His words:

*I have told you this so that you might have peace in me. In the world you will have trouble, but take courage, I have conquered the world.*

(Jn 16:33)