

Living Life as Sacred Story 2014: FORTY WEEKS

Weeks 38: Advice and Suggestions

Week 38 builds on our previous weeks of “Foundational” guidelines, and brings us now to: *Guidelines for Integrated Healing and Spiritual Growth.*

We are dealing this week with the heart of the enemy’s tactics – imitating a genuine good. The most subtle form of this technique appeals not to our basic appetites (things we know are bad for us) but rather plays on our desire to “feel” holy. Even if we are not particularly advanced, the five discernment guidelines from Ignatius can still help us – because the enemy will *always* package his temptations in appealing disguises!

The [Week 38 E&W](#) expands on our Week 38 lesson, as we consider a “case study” of how we can be manipulated in subtle and dangerous ways. Ultimately, the “undetected roots” are a serious consideration that we must not ignore – thus it is all the more important for us to remember our lessons of “spiritual archeology”! Let us bring our confusions, our fears, our wounds to the Divine Physician, who desires to heal us. He will always give us what we need, and never abandon us:

And I tell you, ask and you will receive; seek and you will find; knock and the door will be opened to you.

(Lk 11:9)