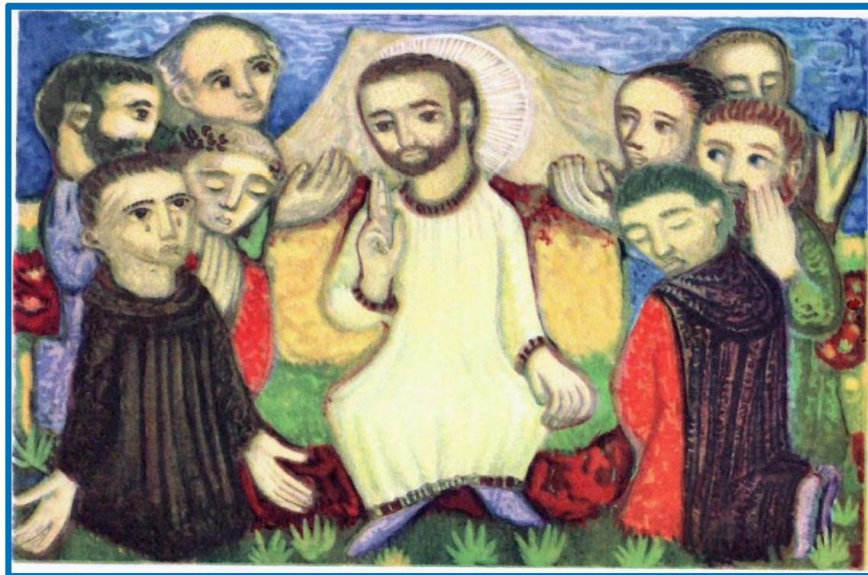


Sacred Story Youth



Sacred Story Institute
Make Life A Sacred Story In 15-Minutes A Day



THE SPIRITUAL & MENTAL HEALTH OF CHILDREN & YOUTH

The mental health crisis among American young people can no longer be ignored”

(Jean Twenge June ~ 2019)

We Can Help with Sacred Story Youth



THE STRATEGY

**HELP YOUTH SIMULTANEOUSLY
UNHOOK DAILY FROM
TECH'S DIGITAL DISTRESS**

&

LEARN SPIRITUAL DISCERNMENT

Use the pastoral tool St. Ignatius taught his first companions that they used so successfully in the early Society for their greatest pastoral successes!

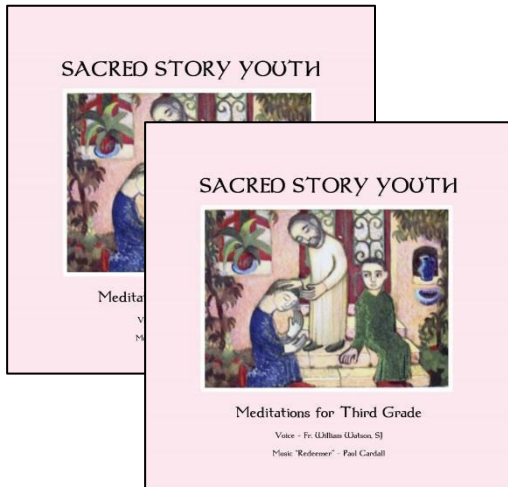
THE IGNATIAN EXAMEN PRAYER

THE METHOD

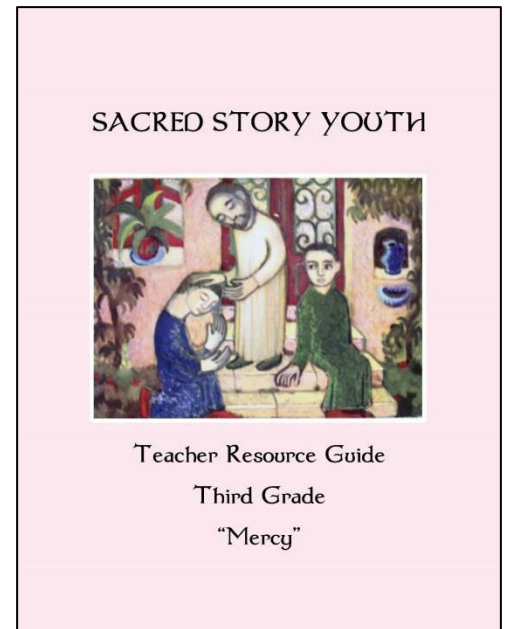
SACRED STORY YOUTH Will Teach Your Students:

- ✘ How to disconnect from tech and connect with Jesus daily in personal, conversational prayer;
- ✘ How to link the new Standards, especially the Ten Commandments to personal prayer; and
- ✘ How to learn the art of spiritual discernment by close attention to their spiritual/emotional states

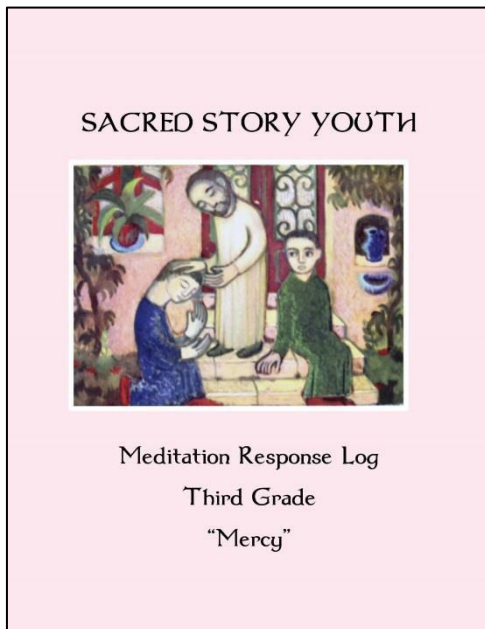
THE RESOURCES



There are two CD's each with 10 Musical and Ambient Nature Settings for the Youth Exams



The Full-Color Teacher Resource Guides Have Over 100 Pages of Materials for Each Grade plus Three Easy Lessons to Prepare Students for the Meditations



The Sacred Story Youth Meditation Response Logs have room for one year of Daily Journal Entries



The Sacred Story Youth Cross Comes In Five Popular Colors

Listen to Sample Meditations
& Learn about the
Sacred Story Cross

THE RESULTS

Three years were needed to develop and test SSY by scores of teachers across six dioceses in the United States. Read what teachers from schools in the greater Chicago area are saying about Sacred Story Youth:

Sacred Story Youth is an innovative prayer series that will help students grow in their faith.

Marijean Rex – Holy Cross Catholic School

Everyone in the classroom was more wound-up and irritable on the days we did not meditate with Sacred Story Youth.

Sarah Zackavec – Holy Cross Catholic School

Sacred Story Youth helps the students to look inward and reflect on things themselves.

Bobby Lee – St. Athanasius School

Sacred Story Youth created a more compassionate outlook for the students in my classroom.

Sharon Sypole – Holy Cross School

Sacred Story Youth is a unique program that encourages students to talk to and listen to God during the daily meditations.

Valerie Hunter – Saint Athanasius School

Because of Sacred Story Youth, students ask for time to reflect and consider how God is working in their lives.

Jane Medow – Holy Cross School

The Sacred Story Youth Meditations are a way for students to calm down and talk to God one-one one.

Christine Zamparelli – St. Ann School

Sacred Story Youth gave the students the basics for meditation.

Debbie Johnson – St. Ann School

VISIT US AT

www.sacredstory.net

&

www.facebook.com/sacredstoryinstitute

